

Schedule Attachment of Qualifying Divisions for Provincial Ratings
Section 4.9 5.5

Open Hand Forms	Weapon Forms	Sport Point Sparring	Weapon Sparring
5yrs + U	<i>WH to OR</i>	5yrs + U	5yrs + U
6-7 yrs	<i>GR to BR</i>	6-7 yrs	6-7 yrs
8-9 yrs		8-9 yrs	8-9 yrs
10-11 yrs	11yrs + under	10-11 yrs	10-11 yrs
12-13 yrs		12-13 yrs	12-13 yrs
14-15 yrs	12-17yrs	14-15 yrs	14-15 yrs
16-17 yrs		16-17 yrs	16-17 yrs
18-34 yrs	18-34 yrs	18-34 yrs	18-34 yrs
35-51 yrs	35-51 yrs	35-51 yrs	35-51 yrs
52 yrs + over	52 yrs + over	52 yrs + over	52 yrs + over

** Black Belt Forms Divisions for ages 18 yrs + over are split into male and female.

** Any Sparring Divisions for ages 14 yrs + over are split into male and female.

if only one person in the division, first you move up 1 belt rank, if no, move up 1 age group (same belt), if no, move gender (14+) same belt.

Belt Rank Groupings

<i>White/Yellow</i>	<i>Beginner</i>	under 1 yr experience
<i>Orange/Green</i>	<i>Intermediate</i>	1-5 yrs experience
<i>Blue/Brown</i>	<i>Advanced</i>	5+ yrs experience
<i>Black</i>		

Light Kickboxing

<i>Junior</i>	14-15 yrs
	16-17 yrs
<i>Adult</i>	18-34 yrs
<i>Executive</i>	35-51 yrs
	52 yrs + over

Weight Divisions

Light	<i>under 78 kg</i>
Middle	<i>78 kg - 90 kg</i>
Heavy	<i>over 90 kg</i>

**** Tournament host/directors may split, but not combine divisions**