

# OFFICIALS EXAM

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SASKATCHEWAN MARTIAL ARTS ASSOCIATION

SMAA OFFICIALS COMMITTEE  
REVISED MARCH 2019

NAME: \_\_\_\_\_

Please print

PASS MARK  $\geq$  90%

### COMPETITION RING

**1. What is the minimum and maximum size of an SMAA competition surface?**

- a. 12 feet X 12 feet
- b. 14 feet X 20 feet
- c. 10 feet and 18 feet
- d. all of the above.

### SAFETY

**2. Each competition area shall have rubber gloves, disinfectant, plastic bags and paper towel**

True :

False :

### OFFICIATING

**3. An officials meeting is required before the start of every SMAA tournament?**

True :

False :

**4. An SMAA officials meeting will include clarification on all rules?**

True :

False :

**5. Minimum number of officials per ring for forms?**

- a. 1 Referee , 2 Judges , 1 Score keeper , 1 Time keeper
- b. 1 Referee , 3 Judges , 1 Score keeper
- c. 1 Referee , 4 Judges , 1 Score keeper , 1 Time keeper
- d. 1 Referee , 2 Judges , 1 Time keeper

**6. An Arbitrator can stop a division?**

True :

False :

**7. An Arbitrator can overrule a decision?**

True :

False :

**8. What level should a center official be?**

- a. SMAA Level 2
- b. SMAA Level 3
- c. Non SMAA member
- d. Level 1

**9. What are the calls for a sparring match made by the center official?**

- a. Fight Break Call
- b. Stop Call Spar
- c. Attack Fight Halt
- d. Begin Spar Go

**10. 14 & 15 year olds can be officials.**

True :

False :

**11. The center official must check the score sheet.**

True :

False :

**12. During a sparring match, how should a corner official indicate a point is scored to the center official**

- a. Shout Stop
- b. Tap Sticks together
- c. Wait for the Center Referee to stop
- d. Shout Point

## FORMS COMPETITION - Empty Hand & Weapons

**13. What are the official SMAA standard score for intermediate forms?**

- a. 6.00 - 6.99
- b. 9.00 - 9.99
- c. 7.00 - 7.99
- d. 8.00 - 8.99

**14. If A Black Belt competitor forgets his form, he/she can restart.**

- True :
- False :

**15. In case of a tie with 5 judges- low and high score will be added to break tie.**

- True :
- False :

**16. A base score will be set for first competitor if 3 or more competitors.**

- True :
- False :

**17. What criteria should be used when scoring a form?**

- a. Scored only if you know the form
- b. Scored on techniques, stances, fluidity of motion
- c. Scored on length of form
- d. Scored on acrobatic inserts in form

**18. What are correct forms requirements?**

- a. Enter through backside of ring, bow to officials
- b. Announce your form
- c. Wear clean club attire - No street clothes
- d. All of the above

**19. In case of a tie with 3 judges, competitors have to repeat to break the tie.**

- True :
- False:

**20. If a below Black Belt Junior competitor drops their weapon during competition.**

- a. Can ask for restart but 1 point deducted of total score
- b. Is disqualified
- c. Can continue with no deduction
- d. Judges ignore the drop & let him/her keep going

**21. Musical forms should be scored on choreography to the music.**

True :

False:

## **SPORT SPARRING COMPETITION**

**22. What is competitors Dress Code?**

- a. Traditional uniform
- b. Club t-shirt
- c. Street clothing
- d. A & B

**23. What equipment is mandatory for point sparring?**

- a. Head gear and gloves
- b. Boots and head gear with visor/cage
- c. Gloves, boots, head gear and groin protection
- d. Gloves, boots, head gear with visor/cage and groin protection

**24. Competitors Equipment for Weapon Sparring is?**

- a. Head gear and gloves
- b. Boots and head gear with visor/cage
- c. Gloves and boots
- d. Gloves, boots, head gear with visor/cage and groin protection

**25. What is length of point /weapons sparring match?**

- a. 3 min
- b. 1.5 min
- c. 2. min
- d. 2min with allowable 1.5min

**26. What point spread can stop a match early?**

- a. 7 points
- b. 3 points
- c. 5 points
- d. 6 points

**27. Which points are considered Scoring Points?**

- a. Points must land with control
- b. Points must score in legal target area
- c. Points can strike anywhere
- d. Kicks below the belt are legal

**28. Scoring Points - Ring area**

- a. Both competitors can score outside the Ring area, if center official allows it.
- b. Both feet must be in the ring to score with a punch.
- c. Supporting leg of a kicking technique must be in the ring to score with a kick
- d. B & C

**29. Awarding Points?**

- a. Official can award points by himself
- b. Points are awarded by corner officials only
- c. Points are awarded by a majority vote of all ring officials
- d. Center official and one judge can award a point

**30. If an athlete falls, a score can be awarded in the following ways**

- a. No points are awarded from the ground
- b. Only standing competitor can score
- c. Official must stop the bout if one competitor is on the ground
- d. Both a standing and grounded competitor can score within 3 seconds

**31. Legal Target Areas?**

- a. The whole body is a legal target area
- b. The area above the waist, throat and spine are legal, excluding shoulders and arms
- c. Contact to the back is legal
- d. Lower legs are legal target area in point or weapon sparring

**32. Which of the following are fouls?**

- a. Excessive contact
- b. Foul Language
- c. Direct Groin Strike
- d. Contact to Spine
- e. All of the above

**33. Additional Fouls for Weapon Sparring?**

- a. Swinging behind the head
- b. Punching
- c. Hitting below the belt
- d. Stabbing
- e. All of the above

**34. If a Foul is committed what is the action of Officials?**

- a. Depending on the foul, official will warn the offender or disqualify him.
- b. The center official will keep warning the offender.
- c. Official must give verbal warning, award point to other competitor with majority vote.
- d. Official ignores the foul.

**35. What is contact for 12 years and up?**

- a. Non-Contact strike 0-2 inches is a point
- b. Touch Contact is allowed to a legal Target excluding the face, spine and groin
- c. Power is required to score the point
- d. Blind techniques are allowed

**36. Grounds for Disqualification**

- a. Running out of the ring
- b. Laughing
- c. Coach/parent being disrespectful to official
- d. Head gear falls off
- e. Miscolored equipment

**37. Coaching during a match**

- a. Anybody can coach
- b. One ringside coach, senior student in club attire is allowed for 13 years and younger
- c. A parent can coach their child at ring side

**38. Coaching during a match**

- a. Coaches can use specific techniques during their coaching
- b. General Comments may include: use your hands, move around, kick etc....
- c. Throw a roundhouse kick
- d. Kick their butt, they are no good, go get them

**39. Excessive Contact procedure**

- a. Official keeps warning Competitor
- b. Official warns competitor and deducts one point
- c. Officials disqualifies competitor from match
- d. Officials must disqualify competitor with majority vote

**40. How can a match be stopped if infraction takes place?**

- a. Coach can yell stop the match.
- b. Parent can yell stop the match.
- c. Coach can ask Arbitrator to stop the match
- d. Nobody can stop the match

**LIGHT KICKBOXING COMPETION**

**41. Light contact to the face is allowed in light kickboxing**

True :  
False:

**42. How many Officials are needed for a Light Kickboxing match?**

- a. Referee , 2 Corner Judges
- b. Referee , 4 corner Judges
- c. Referee only
- d. Referee , 3 corner officials

**43. A centre official can score in light kickboxing?**

True :  
False:

**44. A match be won by knock out in light kickboxing?**

True :  
False:



**45. What Size of gloves are used for Light Kickboxing match?**

- a. Boxing Gloves 16 oz
- b. MMA Gloves
- c. Point Sparring Gloves
- d. Boxing Gloves 12 oz

**46. What is the time limit of a light kickboxing match?**

- a. 3 minutes X 2 rounds
- b. 1 minute or 2 minutes X 2 rounds
- c. 1.5 minutes or 2 minutes X 2 rounds
- d. 2 minutes or 3 minutes X 2 rounds

**47. In case of a draw, there will be a 1-minute overtime in a light kickboxing match?**

True :  
False:

**48. If blood is drawn, does the Official have to stop the match?**

True :  
False:

**49. Name the mandatory equipment needs in a light kickboxing match?**

- a. Shin pads and 14 ounce glove
- b. Shin pads with metal buckles
- c. Head gear, mouth guard, 16 oz gloves, groin protection, shin pads and shorts
- d. Chest protector

**50. Light Kickboxing needs to be completed on a matted ring.**

True :  
False:

### **Officials Oath**

*"In the name of all the judges and officials, I promise that we shall officiate at this SMAA Tournament with complete impartiality, respecting and abiding by the rules which govern them in the true spirit of sportsmanship."*

**I have read and agree:** \_\_\_\_\_

**PLEASE SIGN**